**Volpara Scorecard Frequently Asked Questions – Education Touch Points**

**Check-in receptionists and mammo techs talking points:**

**(***They can hand every patient the breast density brochure or pocket card)*

**Is having dense breasts normal? What do the A, B, C, D categories mean?**

“Each of the four breast categories shown on this card are normal mammogram images, but as you can see, all breasts are different. Your mammogram determines which category your breasts are: A, B, C or D. The categories represent the ratio of fat to dense tissue in breasts.

**What information will be included in my mammography report letter about my breast density?**

Not same day inform of dense tissue - Your next mammography results letter will inform you if you have dense breasts your density category, and, if you have dense breasts, information will be provided about your options for supplemental screening.

**Will I be told today if I have dense breasts?** – Patients at our center are informed of their breast density after their mammogram and their specific density category (a, b, c or d). If you have dense breasts and are interested in supplemental screening you have the option of having the exam today, or scheduling it for some day in the near future.

**What should I do if I am told I have dense breasts?**

About 50% of women have either density “C” heterogeneously dense, or “D” extremely dense breasts. When you receive your mammogram result letter from us, it will tell you your density level. (SAME DAY INFO BELOW) If you are found to be C or D density, that is normal, but it does increase the risk of breast cancer. Both dense tissue and cancer appear white on mammogram images and can make it harder for the radiologist to see if cancer is present. We offer supplemental screening, a second test, to help our radiologists better assess dense tissue and go help provide peace of mind to our patients. If your letter informs you that you have dense breasts, you can discuss additional screening with your doctor and schedule an appointment if desired.

Same day supplemental screening option – After your mammogram today you will be told your breast density. If you have dense breasts, you will have to option to have a supplemental exam on the same day. The second exam helps provide a different view of your dense tissue to help radiologists rule out if cancer is present.

**If I have dense breasts and a need a second exam, do I need to get mammograms in the future?**

This second screening exam doesn’t replace your mammogram.  If you are interested in more information, or to schedule an exam, contact your physician to discuss ordering the exam. (They can then hand them [Facility Name] brochure to answer any further questions.)  If you know you have dense breasts from previous mammograms, we can look this up and order a supplemental exam for you.”

**How much will the second screening exam cost me?**

“We also suggest you check with your insurance company to understand your coverage for this extra exam.”

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